

## Key Points in How to Measure

1. Measure the person in either their swimsuit or in a Lycra Fullsuit.
2. When taking the circumference measurements of the body, take a pen/marker and make a little mark where you did it. You will stop at that same area for "Top of Shoulder to" & "Ankle to measurements".
3. On the Around the Body meas., measure the biggest part of the area. For example: Hips--widest part of the rear. Calf--largest part, etc.
4. Have the person being measured stand comfortably. It is important that they do not slouch and they do not stand at attention.
5. When taking the "Top of Shoulder to" Measurements please instruct the person being measured to hold the tape at the top of the shoulder for you and look straight ahead. If they watch what you are doing, it will alter the measurements.
6. When measuring the "Top of Shoulder to" measurements as well as the "Ankle to" measurements, you need to measure between the body & the arm. You let the tape run down the side of the body in a straight line from armpit to anklebone. Do not go over the bust, belly, etc.
7. If there is any additional meas., you think may be helpful to us, please add them, & give us a description as to why we may need them.
8. If the person being measured has different measurements for the right & left side then please indicate this on the order form.
9. When in doubt give us a call at (714) 744-1365. We will be happy to help you.